

# 2011 Men's Indoor Bests

## 60 Meters (6.60 auto, 6.63 CU record)

|      |         |               |                         |
|------|---------|---------------|-------------------------|
| 6.63 | pr/sr   | Joe Morris    | Potts Indoor (1/22)     |
| 6.66 | p/AA2nd | Joe Morris    | NCAA Indoors (3/11)     |
| 6.70 |         | Joe Morris    | Don Barrett Dual (1/29) |
| 6.72 | pr      | A.J. Whitaker | Potts Indoor (1/22)     |
| 6.73 | p       | Joe Morris    | Potts Indoor (1/22)     |
| 6.75 | p       | Joe Morris    | Husker Invite (2/5)     |
| 6.77 | p       | A.J. Whitaker | Potts Indoor (1/22)     |
| 6.77 | p       | Joe Morris    | AFA Invite (2/12)       |
| 6.78 | p       | Joe Morris    | Big 12 Indoor (2/25)    |

## 200 Meters (20.83 auto, 20.88 cu)

|       |   |                |                         |
|-------|---|----------------|-------------------------|
| 21.29 |   | Joe Morris     | Husker Invite (2/5)     |
| 21.53 |   | Joe Morris     | Don Barrett Dual (1/29) |
| 21.55 | p | Joe Morris     | Husker Invite (2/5)     |
| 21.62 | p | Quinton Dodson | Big 12 Indoor (2/25)    |
| 21.78 |   | Quinton Dodson | Don Barrett Dual (1/29) |
| 21.79 |   | Quinton Dodson | Husker Invite (2/5)     |
| 21.83 | p | Joe Morris     | Big 12 Indoor (2/25)    |
| 21.85 | p | Quinton Dodson | Husker Invite (2/5)     |

## 400 Meters (46.15 auto, 46.13 cu)

|       |   |                   |                         |
|-------|---|-------------------|-------------------------|
| 49.02 | p | Blake Reimer      | Big 12 Indoor (2/25)    |
| 49.23 |   | Blake Reimer      | Don Barrett Dual (1/29) |
| 49.33 |   | Kyle MacIntosh    | AFA Invite (2/12)       |
| 49.41 |   | Matthew McCathran | Don Barrett Dual (1/29) |
| 49.49 | p | Kyle MacIntosh    | AFA Invite (2/11)       |
| 49.59 | p | Kyle MacIntosh    | Big 12 Indoor (2/25)    |
| 49.68 |   | Kyle MacIntosh    | Don Barrett Dual (1/29) |
| 49.75 | p | Kyle MacIntosh    | Husker Invite (2/5)     |

## 600 Yards\* (1:10.2 cu)

|         |   |                   |                      |
|---------|---|-------------------|----------------------|
| 1:12.11 |   | Matthew McCathran | Husker Invite (2/5)  |
| 1:12.12 | p | Matthew McCathran | Big 12 Indoor (2/25) |
| 1:14.24 |   | Matthew McCathran | Potts Indoor (1/22)  |
| 1:14.31 |   | Blake Reimer      | Potts Indoor (1/22)  |

## 800 Meters (1:48.00 auto, 1:49.37 cu)

|         |   |                    |                         |
|---------|---|--------------------|-------------------------|
| 1:50.45 |   | Steve Kasica       | Husky Classic (2/12)    |
| 1:54.41 | p | Steve Kasica       | Big 12 Indoor (2/25)    |
| 1:56.94 |   | Garrett Carmichael | Don Barrett Dual (1/29) |
| 1:57.04 |   | Garrett Carmichael | AFA Invite (2/12)       |
| 1:57.10 |   | Jeff Warren        | Don Barrett Dual (1/29) |
| 1:57.39 |   | Evan Johnston      | Husker Invite (2/5)     |
| 1:57.54 |   | Evan Johnston      | Don Barrett Dual (1/29) |

## 1,000 Meter Run\* (2:21.5 cu)

|         |     |                    |                          |
|---------|-----|--------------------|--------------------------|
| 2:30.75 |     | Garrett Carmichael | Husker Invite (2/5)      |
| 2:31.09 | p   | Garrett Carmichael | Big 12 Indoor (2/25)     |
| 2:34.93 |     | Garrett Carmichael | Potts Indoor (1/22)      |
| 2:38.64 |     | Steve Kasica       | Potts Indoor (1/22)      |
| 2:40.66 | hep | Adam Salzmman      | New Mexico Classic (2/5) |
| 2:40.18 | hep | Adam Salzmman      | Big 12 Indoor (2/26)     |
| 2:40.57 | hep | Alex Von Hagen     | Big 12 Indoor (2/26)     |
| 2:41.90 | hep | Alex Von Hagen     | New Mexico Classic (2/5) |

## Mile (3:59.00 auto, 3:59.55 cu)

|         |  |                    |                         |
|---------|--|--------------------|-------------------------|
| 4:14.34 |  | Jeff Warren        | Husker Invite (2/5)     |
| 4:23.72 |  | Christian Thompson | Potts Indoor (1/22)     |
| 4:26.67 |  | Aric Van Halen     | Don Barrett Dual (1/29) |
| 4:27.05 |  | Jeff Warren        | Potts Indoor (1/22)     |
| 4:30.04 |  | Garrett Ward       | Don Barrett Dual (1/29) |
| 4:34.16 |  | Ryan Savercool     | Don Barrett Dual (1/29) |

## 3,000 Meters (7:54.50 auto, 7:46.03 cu)

|         |  |                    |                      |
|---------|--|--------------------|----------------------|
| 8:09.22 |  | Joe Bosshard       | Big 12 Indoor (2/26) |
| 8:09.29 |  | Christian Thompson | UW Invite (1/29)     |
| 8:15.48 |  | Matt Tebo          | Big 12 Indoor (2/26) |
| 8:17.02 |  | Andy Wacker        | Big 12 Indoor (2/26) |
| 8:21.09 |  | Aric Van Halen     | Husky Classic (2/12) |
| 8:21.24 |  | Christian Thompson | Big 12 Indoor (2/26) |
| 8:23.74 |  | Richard Medina     | Big 12 Indoor (2/25) |
| 8:57.21 |  | Blake Theroux      | Potts Indoor (1/22)  |

## 5,000 Meters (13:47.00 auto, 13:38.23 cu)

|          |  |                |                      |
|----------|--|----------------|----------------------|
| 13:49.59 |  | Joe Bosshard   | Husky Classic (2/11) |
| 13:51.65 |  | Joe Bosshard   | Big 12 Indoor (2/25) |
| 13:57.20 |  | Richard Medina | Husky Classic (2/11) |
| 13:59.12 |  | Matt Tebo      | Husky Classic (2/11) |
| 14:03.41 |  | Andy Wacker    | Husky Classic (2/11) |

|          |  |                |                      |
|----------|--|----------------|----------------------|
| 14:03.32 |  | Richard Medina | Big 12 Indoor (2/25) |
| 14:05.11 |  | Matt Tebo      | Big 12 Indoor (2/25) |
| 14:05.60 |  | Andy Wacker    | Big 12 Indoor (2/25) |

## 60 Meter Hurdles (7.70 auto, 7.75 cu)

|      |     |               |                          |
|------|-----|---------------|--------------------------|
| 8.43 | hep | Adam Salzmman | Big 12 Indoor (2/26)     |
| 8.52 |     | Adam Salzmman | Don Barrett Dual (1/29)  |
| 8.52 |     | Adam Salzmman | CSM Twilight (2/18)      |
| 8.53 | hep | Adam Salzmman | New Mexico Classic (2/5) |
| 8.56 | hep | Brock Emory   | Big 12 Indoor (2/26)     |
| 8.57 | p   | Adam Salzmman | AFA Invite (2/12)        |
| 8.58 | hep | Adam Salzmman | Potts Indoor (1/22)      |
| 8.78 |     | Brock Emory   | Don Barrett Dual (1/29)  |

## Mile Relay (3:07.50 auto, 3:09.1h cu)

|         |  |                                   |                         |
|---------|--|-----------------------------------|-------------------------|
| 3:18.21 |  | MacIntosh/McCathran/Morris/Reimer | Don Barrett Dual (1/29) |
|---------|--|-----------------------------------|-------------------------|

## 4x400 Meter Relay (3:06.50 auto, 3:07.9h cu)

|         |  |                                   |                       |
|---------|--|-----------------------------------|-----------------------|
| 3:14.38 |  | MacIntosh/McCathran/Morris/Reimer | Husker Invite (2/5)   |
| 3:15.30 |  | MacIntosh/McCathran/Morris/Reimer | Big 12 Indoors (2/26) |

## High Jump (2.24/7-04.25 auto, 7-03.50 cu)

|              |  |                |                          |
|--------------|--|----------------|--------------------------|
| 6-09.75/2.08 |  | Jake Timmons   | AFA Invite (2/12)        |
| 6-08.75/2.05 |  | Jake Timmons   | Don Barrett Dual (1/29)  |
| 6-07/2.01    |  | Jake Timmons   | Big 12 Indoor (2/26)     |
| 6-06.75/2.00 |  | Jake Timmons   | Potts Indoor (1/22)      |
| 6-06.75/2.00 |  | Alex Von Hagen | New Mexico Classic (2/4) |
| 6-06.25/1.99 |  | Brock Emory    | Potts Indoor (1/21)      |
| 6-05.50/1.97 |  | Brock Emory    | New Mexico Classic (2/4) |
| 6-04.25/1.94 |  | Adam Salzmman  | Big 12 Indoor (2/25)     |
| 6-04/1.93    |  | Alex Von Hagen | Potts Indoor (1/21)      |

## Pole Vault (5.50/18-00.50 auto, 17-02 cu)

|               |  |                |                          |
|---------------|--|----------------|--------------------------|
| 15-03.50/4.66 |  | Adam Salzmman  | CSM Twilight (2/18)      |
| 15-01/4.60    |  | Adam Salzmman  | Big 12 Indoor (2/26)     |
| 15-01/4.60    |  | Adam Salzmman  | New Mexico Classic (2/5) |
| 14-07.25/4.45 |  | Adam Salzmman  | Potts Indoor (1/22)      |
| 14-01.25/4.30 |  | Adam Salzmman  | Don Barrett Dual (1/29)  |
| 14-01.25/4.30 |  | Eddie Taylor   | Big 12 Indoor (2/26)     |
| 13-07.25/4.15 |  | Alex Von Hagen | Potts Indoor (1/22)      |
| 13-03.75/4.06 |  | Eddie Taylor   | CSM Twilight (2/18)      |

## Long Jump (7.90/25-11 auto, 25-7.50 cu)

|               |  |                |                          |
|---------------|--|----------------|--------------------------|
| 22-02.50/6.77 |  | Alex Von Hagen | New Mexico Classic (2/4) |
| 22-00.75/6.72 |  | Alex Von Hagen | Big 12 Indoor (2/25)     |
| 21-09/6.63    |  | Alex Von Hagen | Potts Indoor (1/21)      |
| 21-00.75/6.42 |  | Alex Von Hagen | AFA Invite (2/11)        |
| 20-06.26.25   |  | Adam Salzmman  | New Mexico Classic (2/4) |
| 19-11/6.07    |  | Brock Emory    | Big 12 Indoor (2/25)     |
| 19-11/6.07    |  | Adam Salzmman  | Potts Indoor (1/21)      |
| 19-10.75/6.06 |  | Adam Salzmman  | Big 12 Indoor (2/25)     |

## Shot Put (19.30/63-4 auto, 61-2.25 cu)

|                |  |                |                         |
|----------------|--|----------------|-------------------------|
| 52-10.25/16.11 |  | Dane Chobanian | Big 12 Indoor (2/26)    |
| 49-10.50/15.20 |  | Dane Chobanian | Husker Invite (2/5)     |
| 49-10/15.19    |  | Dane Chobanian | AFA Invite (2/12)       |
| 48-09.50/14.87 |  | Michael Field  | CSM Twilight (2/18)     |
| 48-02.75/14.70 |  | Michael Field  | Don Barrett Dual (1/29) |
| 47-05.25/14.46 |  | Michael Field  | Big 12 Indoor (2/26)    |
| 47-05/14.45    |  | Dane Chobanian | Don Barrett Dual (1/29) |
| 47-05/14.45    |  | Michael Field  | Husker Invite (2/5)     |

## 35-pound Weight (21.50/70-06.50 auto, 63-00.75 cu)

|                |  |                   |                      |
|----------------|--|-------------------|----------------------|
| 56-11/17.35    |  | Trey Mullen       | CSM Twilight (2/18)  |
| 56-05.75/17.21 |  | Trey Mullen       | Big 12 Indoor (2/25) |
| 55-01.50/16.80 |  | Trey Mullen       | Potts Indoor (1/22)  |
| 55-00.25/16.77 |  | Trey Mullen       | Husky Classic (2/12) |
| 54-09/16.70    |  | Alex Kizirian     | CSM Twilight (2/18)  |
| 53-11/16.43    |  | Alex Kizirian     | Big 12 Indoor (2/25) |
| 52-06/16.01    |  | Niklas Cederstrom | CSM Twilight (2/18)  |
| 51-01/15.59    |  | Michael Field     | CSM Twilight (2/18)  |

## Heptathlon (5,675 auto, 5,392 cu)

|      |  |                |                          |
|------|--|----------------|--------------------------|
| 5282 |  | Adam Salzmman  | Big 12 Indoor (2/26)     |
| 5250 |  | Adam Salzmman  | New Mexico Classic (2/5) |
| 5103 |  | Adam Salzmman  | Potts Indoor (1/22)      |
| 5022 |  | Alex Von Hagen | Big 12 Indoor (2/26)     |
| 4996 |  | Alex Von Hagen | Potts Indoor (1/22)      |
| 4764 |  | Eddie Taylor   | Big 12 Indoor (2/26)     |
| 4736 |  | Brock Emory    | Big 12 Indoor (2/26)     |

# TRACK & FIELD 2011 Women's Indoor Bests

## 60 Meters (7.26 auto, 7.34 CU record)

|      |   |                   |                          |
|------|---|-------------------|--------------------------|
| 7.96 |   | Rachael Opgenorth | Don Barrett Duals (1/29) |
| 7.99 |   | Amber Rozier      | Don Barrett Duals (1/29) |
| 8.05 | p | Rachel Opgenorth  | Husker Invite (2/5)      |
| 8.06 | p | Amber Rozier      | Husker Invite (2/5)      |
| 8.13 | p | Amber Rozier      | AFA Invite (2/12)        |
| 8.15 |   | Jennifer Gruver   | Don Barrett Duals (1/29) |
| 8.16 |   | Jennifer Gruver   | Potts Indoor (1/22)      |

## 200 Meters (23.20 auto, 23.81 cu)

|       |   |                   |                          |
|-------|---|-------------------|--------------------------|
| 25.92 | p | Rachael Opgenorth | AFA Invite (2/11)        |
| 25.96 | p | Rachael Opgenorth | Husker Invite (2/5)      |
| 26.03 |   | Rachael Opgenorth | Don Barrett Duals (1/29) |
| 26.08 |   | Amber Rozier      | Don Barrett Duals (1/29) |
| 26.08 | p | Amber Rozier      | AFA Invite (2/11)        |
| 26.33 | p | Katie Dreher      | AFA Invite (2/11)        |
| 26.48 | p | Lindsey Hubbard   | AFA Invite (2/11)        |

## 400 Meters (52.60 auto, 55.10 cu)

|         |   |                 |                          |
|---------|---|-----------------|--------------------------|
| 57.37   |   | Brooke Regan    | Don Barrett Duals (1/29) |
| 58.63   |   | Katie Dreher    | Don Barrett Duals (1/29) |
| 59.74   | p | Lindsey Hubbard | AFA Invite (2/11)        |
| 60.34   |   | Joi Windham     | Don Barrett Duals (1/29) |
| 60.68   |   | Lindsey Hubbard | Don Barrett Duals (1/29) |
| 1:02.53 |   | Jennifer Gruver | Potts Indoor (1/22)      |

## 600 Yards\* (1:21.60 cu)

|         |   |                 |                       |
|---------|---|-----------------|-----------------------|
| 1:23.66 | p | Brooke Regan    | Big 12 Indoors (2/25) |
| 1:23.70 |   | Brooke Regan    | Husker Invite (2/5)   |
| 1:24.07 |   | Liz Tremblay    | Potts Indoor (1/22)   |
| 1:25.13 |   | Brooke Regan    | Potts Indoor (1/22)   |
| 1:26.37 |   | Joi Windham     | Husker Invite (2/5)   |
| 1:27.44 |   | Lindsey Hubbard | Husker Invite (2/5)   |
| 1:29.58 |   | Lindsey Hubbard | Potts Indoor (1/22)   |

## 800 Meters (2:05.00 auto, 2:04.69 cu)

|         |   |                    |                       |
|---------|---|--------------------|-----------------------|
| 2:09.23 | p | Elizabeth Tremblay | Big 12 Indoors (2/25) |
| 2:09.51 |   | Elizabeth Tremblay | UW Invite (1/29)      |
| 2:10.23 |   | Elizabeth Tremblay | Big 12 Indoors (2/26) |
| 2:17.41 |   | Heather Balbier    | Husker Invite (2/5)   |
| 2:18.44 |   | Heather Balbier    | AFA Invite (2/12)     |
| 2:18.62 | p | Heather Balbier    | AFA Invite (2/11)     |
| 2:19.50 |   | Elizabeth Tremblay | Husky Classic (2/12)  |

## 1,000 Meters\* (2:49.1 cu)

|         |   |                    |                       |
|---------|---|--------------------|-----------------------|
| 2:54.53 | p | Heather Balbier    | Big 12 Indoors (2/25) |
| 2:55.36 |   | Staci Foster       | Husker Invite (2/5)   |
| 2:56.07 |   | Paige Throckmorton | Husker Invite (2/5)   |
| 2:59.34 | p | Paige Throckmorton | Big 12 Indoors (2/25) |
| 2:59.42 |   | Lara Darco         | Husker Invite (2/5)   |
| 3:06.15 |   | Staci Foster       | Potts Indoor (1/22)   |
| 3:07.22 |   | Heather Balbier    | Potts Indoor (1/22)   |

## Mile (4:37.00 auto, 4:25.91 cu)

|         |       |              |                       |
|---------|-------|--------------|-----------------------|
| 4:36.08 | AA1st | Emma Coburn  | NCAA Indoors (3/12)   |
| 4:36.99 | p     | Emma Coburn  | NCAA Indoors (3/11)   |
| 4:37.44 |       | Emma Coburn  | Husky Classic (2/12)  |
| 4:43.58 |       | Emma Coburn  | UW Invite (1/29)      |
| 4:50.49 | p     | Staci Foster | Big 12 Indoors (2/25) |
| 4:55.70 |       | Staci Foster | Big 12 Indoors (2/26) |
| 5:14.79 |       | Staci Foster | AFA Invite (2/12)     |

## 3,000 Meters (9:13.00 auto, 8:42.03 cu)

|          |  |                  |                       |
|----------|--|------------------|-----------------------|
| 9:17.46  |  | Emma Coburn      | Big 12 Indoors (2/26) |
| 9:32.76  |  | Shalaya Kipp     | Big 12 Indoors (2/26) |
| 9:33.56  |  | Laura Thweatt    | Big 12 Indoors (2/26) |
| 9:33.85  |  | Camille Logan    | Big 12 Indoors (2/25) |
| 9:34.32  |  | Katie Cumming    | Big 12 Indoors (2/26) |
| 9:44.42  |  | Shalaya Kipp     | UW Invite (1/29)      |
| 10:16.10 |  | Courtney Bouchet | Husker Invite (2/5)   |

## 5,000 Meters (16:07.50 auto, 15:01.70 cu)

|          |  |               |                       |
|----------|--|---------------|-----------------------|
| 16:17.39 |  | Laura Thweatt | Husky Classic (2/11)  |
| 16:28.56 |  | Shalaya Kipp  | Husky Classic (2/11)  |
| 16:28.80 |  | Katie Cumming | Husky Classic (2/11)  |
| 16:33.09 |  | Shalaya Kipp  | Big 12 Indoors (2/25) |
| 16:34.63 |  | Laura Thweatt | Big 12 Indoors (2/25) |
| 16:38.18 |  | Camille Logan | Husky Classic (2/11)  |
| 16:42.18 |  | Camille Logan | Big 12 Indoors (2/25) |

## 60 Meter Hurdles (8.14 auto, 8.27 cu)

|      |   |              |                          |
|------|---|--------------|--------------------------|
| 9.16 |   | Holly Odnal  | Big 12 Indoors (2/25)    |
| 9.19 |   | Holly Odneal | Potts Indoor (1/21)      |
| 9.20 |   | Genny Mayden | CSM Twilight (2/18)      |
| 9.24 |   | Genny Mayden | Big 12 Indoors (2/25)    |
| 9.27 |   | Holly Odneal | CSM Twilight (2/18)      |
| 9.28 |   | Genny Mayden | Potts Indoor (1/21)      |
| 9.33 |   | Holly Odneal | New Mexico Classic (2/4) |
| 9.36 | p | Genny Mayden | AFA Invite (2/12)        |

## 4x400 Meter Relay (3:34.00 auto, 3:45.15 cu)

|         |                                   |                       |
|---------|-----------------------------------|-----------------------|
| 3:53.05 | J.Windham/Opgenorth/Hubbard/Regan | Husker Invite (2/5)   |
| 3:53.11 | K.Dreher/Hubbard/L.Tremblay/Regan | Big 12 Indoors (2/26) |

## Mile Relay (3:34.20 auto, 3:45.53ccu)

|         |                                   |                          |
|---------|-----------------------------------|--------------------------|
| 3:54.78 | J.Windham/Dreher/Hubbard/Regan    | Don Barrett Duals (1/29) |
| 4:09.59 | Davis/Opgenorth/Gruver/Rozier     | Don Barrett Duals (1/29) |
| 4:24.44 | Balbier/Throckmorton/Darco/Foster | Don Barrett Duals (1/29) |

## Distance Medley Relay (11:05.50 auto, 11:22.87 cu)

|          |    |                                 |                       |
|----------|----|---------------------------------|-----------------------|
| 11:22.87 | sr | Cumming/Regan/L.Tremblay/Coburn | Big 12 Indoors (2/25) |
|----------|----|---------------------------------|-----------------------|

## High Jump (1.85/6-0.75 auto, 6-2 cu)

|              |                |                          |
|--------------|----------------|--------------------------|
| 5-07/1.70    | Laurisa Canini | CSM Twilight (2/18)      |
| 5-07/1.70    | Katie Dreher   | CSM Twilight (2/18)      |
| 5-06/1.68    | Laurisa Canini | New Mexico Classic (2/5) |
| 5-05.75/1.67 | Katie Dreher   | Potts Indoor (1/21)      |
| 5-05/1.65    | Laurisa Canini | Potts Indoor (1/22)      |
| 5-05/1.65    | Laurisa Canini | Don Barrett Duals (1/29) |
| 5-05/1.65    | Katie Dreher   | Don Barrett Duals (1/29) |
| 5-05/1.65    | Laurisa Canini | AFA Invite (2/12)        |
| 5-05/1.65    | Katie Dreher   | AFA Invite (2/12)        |

## Long Jump (6.38/20-11.25 auto, 20-10.50 cu)

|               |                |                          |
|---------------|----------------|--------------------------|
| 18-01.50/5.52 | Katie Dreher   | CSM Twilight (2/18)      |
| 17-09/5.41    | Katie Dreher   | AFA Invite (2/11)        |
| 17-08.75/5.40 | Genny Mayden   | CSM Twilight (2/18)      |
| 17-06.75/5.35 | Katie Dreher   | Big 12 Indoors (2/25)    |
| 17-01.50/5.22 | Katie Dreher   | New Mexico Classic (2/4) |
| 16-09.25/5.11 | Katie Dreher   | Potts Indoor (1/21)      |
| 16-08.75/5.10 | Genny Mayden   | New Mexico Classic (2/4) |
| 16-08/5.08    | Genny Mayden   | Big 12 Indoors (2/25)    |
| 16-08/5.08    | Laurisa Canini | Potts Indoor (1/22)      |

## Shot Put (16.90/55-5.50 auto, 50-4.75 cu)

|                |                 |                          |
|----------------|-----------------|--------------------------|
| 41-01/12.52    | Emily Hunsucker | CSM Twilight (2/18)      |
| 39-11.25/12.17 | Adrienne Lettow | CSM Twilight (2/18)      |
| 39-05.75/12.03 | Emily Hunsucker | Don Barrett Duals (1/29) |
| 39-01.25/11.92 | Emily Hunsucker | Potts Indoor (1/22)      |
| 38-02.75/11.65 | Holly Odneal    | Big 12 Indoors (2/25)    |
| 38-00.75/11.60 | Holly Odneal    | Potts Indoor (1/21)      |
| 37-08.50/11.49 | Adrienne Lettow | Don Barrett Duals (1/29) |
| 37-04.50/11.39 | Kajsa Bank      | CSM Twilight (2/18)      |

## 20-pound Weight Throw (21.00/68-10.75 auto, 18.81/62-08.50 cu)

|                |                 |                          |
|----------------|-----------------|--------------------------|
| 54-00/16.46    | Emily Hunsucker | Potts Indoor (1/22)      |
| 52-00.50/15.86 | Emily Hunsucker | Big 12 Indoors (2/25)    |
| 50-08/15.44    | Kellie Lind     | Potts Indoor (1/22)      |
| 49-11/15.23    | Emily Hunsucker | CSM Twilight (2/18)      |
| 49-04/15.05    | Max Van Dyke    | CSM Twilight (2/18)      |
| 49-01.50/14.97 | Max Van Dyke    | Potts Indoor (1/22)      |
| 48-08.75/14.85 | Emily Hunsucker | Husky Classic (2/12)     |
| 48-06.75/14.80 | Emily Hunsucker | Don Barrett Duals (1/29) |

## Pentathlon (4,075 auto, 4,046 cu)

|      |              |                          |
|------|--------------|--------------------------|
| 3474 | Katie Dreher | Big 12 Indoors (2/25)    |
| 3409 | Katie Dreher | Potts Indoor (1/21)      |
| 3380 | Holly Odneal | Potts Indoor (1/21)      |
| 3364 | Genny Mayden | Big 12 Indoors (2/25)    |
| 3364 | Holly Odneal | Big 12 Indoors (2/25)    |
| 3342 | Holly Odneal | New Mexico Classic (2/4) |
| 3273 | Genny Mayden | New Mexico Classic (2/4) |
| 3167 | Genny Mayden | Potts Indoor (1/21)      |

# 2011 Men's Outdoor Bests

## 100 Meters (10.0 cu)

|       |               |                                 |
|-------|---------------|---------------------------------|
| 10.32 | Joe Morris    | LSU Alumni Gold (4/23)          |
| 10.37 | Joe Morris    | CU Invite (4/9)                 |
| 10.39 | p Joe Morris  | NCAA West Prelims (5/26)        |
| 10.53 | Joe Morris    | Potts Invite (3/19)             |
| 10.62 | Joe Morris    | NCAA West Prelims (5/27)        |
| 10.72 | Joe Morris    | Big 12 Outdoor (5/13-15)        |
| 10.82 | A.J. Whitaker | Potts Invite (3/19)             |
| 10.98 | Adam Salzmänn | Front Range Classic (5/1)       |
| 11.01 | Blake Berens  | Jack Christiansen Invite (4/23) |

## 200 Meters (20.37 cu)

|       |              |                          |
|-------|--------------|--------------------------|
| 20.90 | Joe Morris   | Potts Invite (3/19)      |
| 21.10 | Joe Morris   | Big 12 Outdoor (5/13-15) |
| 21.27 | Joe Morris   | LSU Alumni Gold (4/23)   |
| 21.28 | p Joe Morris | NCAA West Prelims (5/27) |
| 21.37 | Joe Morris   | NCAA West Prelims (5/28) |
| 21.37 | Joe Morris   | CU Invite (4/9)          |
| 21.74 | Blake Reimer | CSU-Pueblo (4/16)        |
| 21.84 | Joe Morris   | Big 12 Outdoor (5/13-15) |

## 400 Meters (45.64 cu)

|       |                   |                          |
|-------|-------------------|--------------------------|
| 47.83 | Blake Reimer      | LSU Alumni Gold (4/23)   |
| 48.24 | Blake Reimer      | Big 12 Outdoor (5/13-15) |
| 48.28 | Blake Reimer      | CU Invite (4/9)          |
| 48.83 | Blake Reimer      | CSU-Pueblo (4/16)        |
| 48.93 | dec Adam Salzmänn | Big 12 Outdoor (5/13-15) |
| 49.31 | Matthew McCathran | CSU-Pueblo (4/16)        |
| 49.49 | Matthew McCathran | CU Invite (4/9)          |
| 49.58 | Blake Berens      | CSU-Pueblo (4/16)        |

## 800 Meter Run (1:46.47 cu)

|         |                 |                                 |
|---------|-----------------|---------------------------------|
| 1:49.92 | Steve Kasica    | Mt. SAC Relays (4/15)           |
| 1:50.61 | Steve Kasica    | Oregon Twilight (5/6)           |
| 1:50.81 | Steve Kasica    | NCAA West Prelims (5/26)        |
| 1:51.16 | Matthew Biegner | Oregon Twilight (5/6)           |
| 1:51.73 | Matthew Biegner | Jack Christiansen Invite (4/23) |
| 1:53.42 | Matthew Biegner | CU Invite (4/9)                 |
| 1:53.43 | Steven Kasica   | CU Invite (4/9)                 |
| 1:57.01 | Evan Johnston   | Jack Christiansen Invite (4/23) |

## 1,500 Meter Run (3:39.74 cu)

|         |                 |                       |
|---------|-----------------|-----------------------|
| 3:49.20 | Andy Wacker     | Beach Invite (4/16)   |
| 3:49.25 | Matt Tebo       | Cardinal Invite (5/1) |
| 3:49.73 | Richard Medina  | CU Invite (4/9)       |
| 3:52.24 | Joe Bosshard    | CU Invite (4/9)       |
| 3:53.32 | Matt Tebo       | CU Invite (4/9)       |
| 3:53.48 | Aric Van Halen  | Beach Invite (4/16)   |
| 3:56.25 | Matthew Biegner | Beach Invite (4/16)   |

## 3,000 Meters\* (7:50.39 cu)

|         |                |                 |
|---------|----------------|-----------------|
| 8:58.60 | Dillon Shije   | CU Invite (4/9) |
| 8:59.77 | Ryan Savercool | CU Invite (4/9) |
| 9:10.79 | Garrett Ward   | CU Invite (4/9) |

## 5,000 Meters (13:24.56 cu)

|          |                |                         |
|----------|----------------|-------------------------|
| 13:34.44 | Joe Bosshard   | NCAA West Prelim (5/28) |
| 13:34.57 | Joe Bosshard   | Cardinal Invite (5/1)   |
| 13:41.49 | Andy Wacker    | Cardinal Invite (5/1)   |
| 13:44.03 | Matt Tebo      | Mt. SAC Relays (4/15)   |
| 13:44.34 | Richard Medina | Mt. SAC Relays (4/15)   |
| 13:50.62 | Joe Bosshard   | Big 12 Outdoor (5/15)   |
| 13:55.67 | Joe Bosshard   | NCAA Outdoors (6/11)    |
| 14:00.04 | Matt Tebo      | Big 12 Outdoor (5/15)   |
| 14:01.13 | Andy Wacker    | NCAA West Prelim (5/28) |

## 10,000 Meters (27:38.50 cu)

|            |                |                          |
|------------|----------------|--------------------------|
| 28:41.56AA | Joe Bosshard   | NCAA Outdoors (6/10)     |
| 28:52.85   | Joe Bosshard   | Big 12 Outdoor (5/13)    |
| 29:10.85   | Joe Bosshard   | Stanford Invite (3/25)   |
| 29:10.89   | Andy Wacker    | Stanford Invite (3/25)   |
| 29:14.91   | Richard Medina | Stanford Invite (3/25)   |
| 29:15.57   | Joe Bosshard   | NCAA West Prelims (5/26) |
| 29:16.42   | Richard Medina | Big 12 Outdoor (5/13)    |
| 29:24.05   | Matt Tebo      | Big 12 Outdoor (5/13)    |

## 110 Meter Hurdles (13.3 cu)

|       |                    |                                        |
|-------|--------------------|----------------------------------------|
| 15.15 | dec Brock Emory    | Glenn Morris Combined Events (4/21-22) |
| 15.29 | Adam Salzmänn      | Potts Invite (3/19)                    |
| 15.30 | dec Adam Salzmänn  | Big 12 Outdoor (5/13-15)               |
| 15.40 | dec Brock Emory    | Jim Click Combined Events (3/31-4/1)   |
| 15.54 | Brock Emory        | CU Invite (4/9)                        |
| 15.73 | Brock Emory        | Potts Invite (3/19)                    |
| 16.15 | dec Alex Von Hagen | Glenn Morris Combined Events (4/21-22) |
| 16.24 | Eddie Taylor       | Front Range Classic (5/1)              |

## 400 Meter Hurdles (49.66 cu)

|       |                |                          |
|-------|----------------|--------------------------|
| 53.52 | Kyle MacIntosh | CU Invite (4/9)          |
| 53.65 | Tyler Baker    | CU Invite (4/9)          |
| 53.97 | Kyle MacIntosh | Big 12 Outdoor (5/13-15) |
| 54.03 | Kyle MacIntosh | LSU Alumni Gold (4/23)   |
| 54.43 | Tyler Baker    | LSU Alumni Gold (4/23)   |
| 54.56 | Tyler Baker    | Potts Invite (3/19)      |

## 3,000 M Steeplechase (8:26.45 cu)

|         |                  |                          |
|---------|------------------|--------------------------|
| 8:52.53 | Aric Van Halen   | Cardinal Invite (5/1)    |
| 8:57.16 | Aric Van Halen   | Big 12 Outdoor (5/13-15) |
| 9:02.59 | Aric Van Halen   | Mt. SAC Relays (4/14)    |
| 9:03.18 | p Aric Van Halen | NCAA West Prelims (5/27) |
| 9:13.87 | Jonny Stevens    | Big 12 Outdoor (5/13-15) |
| 9:23.13 | Jonny Stevens    | Beach Invite (4/16)      |
| 9:37.62 | Aric Van Halen   | CU Invite (4/9)          |
| 9:49.85 | Jonny Stevens    | Potts Invite (3/19)      |

## 4x400 Meter Relay (3:05.16 cu)

|         |                                   |                                 |
|---------|-----------------------------------|---------------------------------|
| 3:12.70 | Salzmänn/Morris/MacIntosh/Reimer  | Big 12 Outdoor (5/13-15)        |
| 3:13.13 | MacIntosh/Morris/McCathran/Reimer | Jack Christiansen Invite (4/23) |
| 3:19.98 | Blake/Q.Dodson/MacIntoshWhitaker  | Potts Invite (3/19)             |
| 3:20.00 | MacIntosh/Berens/McCathran/Reimer | CU Invite (4/9)                 |

# 2011 Men's Outdoor Bests

## Long Jump (26-2.50 cu)

|               |     |                |                                        |
|---------------|-----|----------------|----------------------------------------|
| 22-08/6.91    | dec | Alex Von Hagen | Jim Click Combined Events (3/31-4/1)   |
| 22-04.50/6.82 | dec | Alex Von Hagen | Glenn Morris Combined Events (4/21-22) |
| 21-11.75/6.70 | dec | Alex Von Hagen | Big 12 Outdoor (5/13-15)               |
| 20-06.50/6.26 | dec | Brock Emory    | Big 12 Outdoor (5/13-15)               |
| 20-05.75/6.24 |     | Adam Salzmänn  | Front Range Classic (5/1)              |
| 20-04.50/6.21 | dec | Adam Salzmänn  | Big 12 Outdoor (5/13-15)               |
| 20-03.50/6.18 | dec | Brock Emory    | Jim Click Combined Events (3/31-4/1)   |
| 20-02.25/6.15 |     | Adam Salzmänn  | Jack Christiansen Invite (4/23)        |
| 19-10.25/6.05 | dec | Eddie Taylor   | Jim Click Combined Events (3/31-4/1)   |
| 19-07/5.97    | dec | Brock Emory    | Glenn Morris Combined Events (4/21-22) |

## High Jump (7-04.00 cu)

|              |     |                |                                        |
|--------------|-----|----------------|----------------------------------------|
| 6-05.50/1.97 | dec | Alex Von Hagen | Jim Click Combined Events (3/31-4/1)   |
| 6-05.50/1.97 | dec | Brock Emory    | Jim Click Combined Events (3/31-4/1)   |
| 6-04/1.93    | dec | Alex Von Hagen | Big 12 Outdoor (5/13-15)               |
| 6-04/1.93    |     | Brock Emory    | CU Invite (4/9)                        |
| 6-03.50/1.92 | dec | Alex Von Hagen | Glenn Morris Combined Events (4/21-22) |
| 6-02.75/1.90 | dec | Adam Salzmänn  | Jim Click Combined Events (3/31-4/1)   |
| 6-02/1.88    |     | Adam Salzmänn  | CU Invite (4/9)                        |
| 6-01.50/1.87 | dec | Adam Salzmänn  | Big 12 Outdoor (5/13-15)               |
| 6-01.25/1.86 | dec | Eddie Taylor   | Glenn Morris Combined Events (4/21-22) |
| 6-01.25/1.86 | dec | Brock Emory    | Glenn Morris Combined Events (4/21-22) |

## Shot Put (60-11.50 cu)

|                |  |                |                                 |
|----------------|--|----------------|---------------------------------|
| 50-04.75/15.36 |  | Michael Field  | Jack Christiansen Invite (4/23) |
| 50-03.50/15.33 |  | Dane Chobanian | Big 12 Outdoor (5/13-15)        |
| 50-02.75/15.31 |  | Michael Field  | Big 12 Outdoor (5/13-15)        |
| 49-04.50/15.05 |  | Michael Field  | Front Range Classic (5/1)       |
| 49-02.25/14.99 |  | Dane Chobanian | Potts Invite (3/19)             |
| 49-00.75/14.95 |  | Michael Field  | CU Invite (4/9)                 |
| 48-05.25/14.76 |  | Dane Chobanian | Jack Christiansen Invite (4/23) |
| 47-10.50/14.59 |  | Michael Field  | Beach Invite (4/16)             |
| 47-08/14.53    |  | Dane Chobanian | CU Invite (4/9)                 |

## Hammer Throw (210-11 cu)

|              |  |                   |                                 |
|--------------|--|-------------------|---------------------------------|
| 175-09/53.58 |  | Alex Kizirian     | Front Range Classic (5/1)       |
| 172-09/52.65 |  | Alex Kizirian     | USATF (6/24)                    |
| 172-04/52.52 |  | Trey Mullen       | CU Invite (4/9)                 |
| 172-03/52.50 |  | Trey Mullen       | Potts Invite (3/18)             |
| 171-09/52.35 |  | Trey Mullen       | Mt. SAC Relays (4/15)           |
| 170-08/52.02 |  | Trey Mullen       | Big 12 Outdoor (5/13-15)        |
| 162-08/49.59 |  | Trey Mullen       | Jack Christiansen Invite (4/23) |
| 158-01/48.18 |  | Niklas Cederstrom | CU Invite (4/9)                 |
| 157-10/48.10 |  | Niklas Cederstrom | Front Range Classic (5/1)       |
| 157-01/47.88 |  | Niklas Cederstrom | Beach Invitational (4/16)       |

## Discus Throw (209-7 cu)

|              |  |                |                                 |
|--------------|--|----------------|---------------------------------|
| 175-03/53.41 |  | Dane Chobanian | CU Invite (4/9)                 |
| 171-01/52.15 |  | Dane Chobanian | Big 12 Outdoor (5/13-15)        |
| 169-03/51.60 |  | Dane Chobanian | Mt. SAC Relays (4/15)           |
| 167-03/50.98 |  | Dane Chobanian | Jack Christiansen Invite (4/23) |
| 165-07/50.48 |  | Dane Chobanian | NCAA West Prelims (5/28)        |
| 164-02/50.03 |  | Dane Chobanian | Beach Invite (4/16)             |
| 160-01/48.80 |  | Dane Chobanian | Potts Invite (3/19)             |
| 155-02/47.31 |  | Trey Mullen    | Big 12 Outdoor (5/13-15)        |
| 154-00/46.94 |  | Alex Kizirian  | Potts Invite (3/19)             |

## Javelin (241-4.5 cu)

|              |  |                  |                           |
|--------------|--|------------------|---------------------------|
| 221-00/67.37 |  | Brian Owens      | CU Invite (4/9)           |
| 206-00/62.80 |  | Brian Owens      | Big 12 Outdoor (5/13-15)  |
| 199-09/60.88 |  | Brandin Williams | Potts Invite (3/18)       |
| 195-04/59.55 |  | Brandin Williams | Beach Invite (4/16)       |
| 189-00/57.60 |  | Brian Owens      | Beach Invite (4/16)       |
| 188-08/57.52 |  | Brian Owens      | NCAA West Prelims (5/26)  |
| 187-03/57.08 |  | Brandin Williams | Front Range Classic (5/1) |
| 185-08/56.59 |  | Brian Owens      | Potts Invite (3/18)       |
| 183-00/55.78 |  | Kevin Fasing     | CU Invite (4/9)           |

## Pole Vault (17-06.50 cu)

|               |     |               |                                        |
|---------------|-----|---------------|----------------------------------------|
| 14-07.25/4.45 |     | Adam Salzmänn | Potts Invite (3/19)                    |
| 14-05.50/4.38 | dec | Eddie Taylor  | Glenn Morris Combined Events (4/21-22) |
| 14-02.50/4.33 | dec | Eddie Taylor  | Big 12 Outdoor (5/13-15)               |
| 14-02.50/4.33 | dec | Adam Salzmänn | Big 12 Outdoor (5/13-15)               |
| 14-01.25/4.30 |     | Eddie Taylor  | Potts Invite (3/19)                    |
| 14-01.25/4.30 | dec | Eddie Taylor  | Jim Click Combined Events (3/31-4/1)   |
| 13-07.25/4.15 |     | Brock Emory   | Potts Invite (3/19)                    |

## Decathlon (7,500 auto/6,900 provisional; 7,645 cu)

|      |  |                |                                        |
|------|--|----------------|----------------------------------------|
| 6899 |  | Adam Salzmänn  | Big 12 Outdoor (5/13-15)               |
| 6724 |  | Alex Von Hagen | Jim Click Combined Events (3/31-4/1)   |
| 6667 |  | Alex Von Hagen | Glenn Morris Combined Events (4/21-22) |
| 6506 |  | Alex Von Hagen | Big 12 Outdoor (5/13-15)               |
| 6392 |  | Eddie Taylor   | Big 12 Outdoor (5/13-15)               |
| 6327 |  | Eddie Taylor   | Glenn Morris Combined Events (4/21-22) |
| 6258 |  | Eddie Taylor   | Jim Click Combined Events (3/31-4/1)   |
| 6179 |  | Brock Emory    | Big 12 Outdoor (5/13-15)               |



# TRACK & FIELD 2011 Women's Outdoor Bests

## 100 Meters (11.65 cu)

|       |                   |                                 |
|-------|-------------------|---------------------------------|
| 12.90 | Rachael Opgenorth | CU Invite (4/9)                 |
| 13.08 | Rachael Opgenorth | Jack Christiansen Invite (4/23) |
| 13.14 | Jennifer Gruver   | CSU-Pueblo (4/16)               |

## 200 Meters (23.86 cu)

|       |                   |                                 |
|-------|-------------------|---------------------------------|
| 25.24 | Brooke Regan      | Potts Invite (3/19)             |
| 25.47 | p Brooke Regan    | Big 12 Outdoor (5/13-15)        |
| 25.50 | hep Katie Dreher  | Big 12 Outdoor (5/13-15)        |
| 25.54 | Brooke Regan      | CU Invite (4/9)                 |
| 25.80 | Katie Dreher      | Front Range Classic (5/1)       |
| 26.07 | hep Genny Mayden  | Big 12 Outdoor (5/13-15)        |
| 26.10 | Liz Tremblay      | Jack Christiansen Invite (4/23) |
| 26.26 | Rachael Opgenorth | Jack Christiansen Invite (4/23) |

## 400 Meters (54.22 cu)

|       |              |                        |
|-------|--------------|------------------------|
| 56.09 | Brooke Regan | CU Invite (4/9)        |
| 56.85 | Liz Tremblay | Beach Invite (4/16)    |
| 56.88 | Brooke Regan | CSU-Pueblo (4/16)      |
| 57.25 | Brooke Regan | Potts Invite (3/19)    |
| 57.29 | Brooke Regan | LSU Alumni Gold (4/23) |

## 800 Meter Run (2:02.54 cu)

|         |                |                          |
|---------|----------------|--------------------------|
| 2:06.59 | Liz Tremblay   | Oregon Twilight (5/6)    |
| 2:07.07 | Liz Tremblay   | Big 12 Outdoor (5/13-15) |
| 2:07.76 | Liz Tremblay   | NCAA West Prelim (5/27)  |
| 2:07.83 | p Liz Tremblay | Big 12 Outdoor (5/13-15) |
| 2:08.10 | p Liz Tremblay | NCAA West Prelims (5/26) |
| 2:08.23 | Jessica Pixler | CU Invite (4/9)          |
| 2:08.58 | Liz Tremblay   | Mt. SAC Relays (4/15)    |
| 2:09.26 | Liz Tremblay   | CU Invite (4/9)          |
| 2:10.63 | Laura Thweatt  | CU Invite (4/9)          |
| 2:11.55 | Emma Coburn    | CU Invite (4/9)          |

## 1,500 Meter Run (3:59.90 cu)

|         |                 |                          |
|---------|-----------------|--------------------------|
| 4:12.97 | Emma Coburn     | Ghent, Belgium           |
| 4:14.34 | Emma Coburn     | Mt. SAC Relays (4/15)    |
| 4:20.93 | Katie Cumming   | Cardinal Invite (5/1)    |
| 4:21.05 | Laura Thweatt   | Cardinal Invite (5/1)    |
| 4:23.66 | Camille Logan   | Cardinal Invite (5/1)    |
| 4:25.96 | Camille Logan   | CU Invite (4/9)          |
| 4:26.95 | p Katie Cumming | Big 12 Outdoor (5/13-15) |
| 4:27.88 | p Staci Foster  | NCAA West Prelims (5/26) |
| 4:28.48 | p Staci Foster  | Big 12 Outdoor (5/13-15) |

## 3,000 Meters\* (8:54.22 cu)

|          |                 |                     |
|----------|-----------------|---------------------|
| 10:34.39 | Megan Burrell   | Potts Invite (3/19) |
| 10:47.96 | Emily Hanenburg | Potts Invite (3/19) |
| 10:58.13 | Kelly King      | CU Invite (4/9)     |

## 5,000 Meters (15:07.64 cu)

|          |                |                          |
|----------|----------------|--------------------------|
| 15:25.58 | Jessica Pixler | Stanford Invite (3/25)   |
| 15:57.24 | Laura Thweatt  | Mt. SAC Relays (4/15)    |
| 16:01.26 | Shalaya Kipp   | Mt. SAC Relays (4/15)    |
| 16:10.85 | Katie Cumming  | Mt. SAC Relays (4/15)    |
| 16:15.19 | Camille Logan  | Mt. SAC Relays (4/15)    |
| 16:16.29 | Laura Thweatt  | Big 12 Outdoor (5/13-15) |
| 16:23.01 | Shalaya Kipp   | Big 12 Outdoor (5/13-15) |
| 16:25.63 | Laura Thweatt  | NCAA West Prelims (5/28) |
| 16:25.78 | Katie Cumming  | Big 12 Outdoor (5/13-15) |

## 10,000 Meters (32:50.80 cu)

|          |               |                          |
|----------|---------------|--------------------------|
| 33:49.00 | Laura Thweatt | Big 12 Outdoor (5/13-15) |
| 34:16.11 | Camille Logan | NCAA West Prelims (5/26) |
| 34:27.12 | Camille Logan | Big 12 Outdoor (5/13-15) |
| 34:33.08 | Laura Thweatt | Stanford Invite (3/25)   |
| 34:33.24 | Camille Logan | Stanford Invite (3/25)   |
| 35:05.11 | Laura Thweatt | NCAA West Prelims (5/26) |

## 100 Meter Hurdles (12.98)

|       |                  |                                        |
|-------|------------------|----------------------------------------|
| 14.70 | hep Holly Odneal | Big 12 Outdoor (5/13-15)               |
| 14.77 | Holly Odneal     | Front Range Classic (5/1)              |
| 14.96 | Holly Odneal     | CU Invite (4/9)                        |
| 15.13 | hep Holly Odneal | Jim Click Combined Events (3/31-4/1)   |
| 15.22 | hep Katie Dreher | Big 12 Outdoor (5/13-15)               |
| 15.28 | hep Genny Mayden | USATF (6/23-24)                        |
| 15.29 | Holly Odneal     | Glenn Morris Combined Events (4/21-22) |
| 15.49 | hep Genny Mayden | Big 12 Outdoor (5/13-15)               |
| 15.50 | Genny Mayden     | CU Invite (4/9)                        |

## 400 Meter Hurdles (57.77 cu)

|         |               |                          |
|---------|---------------|--------------------------|
| 1:00.34 | p Joi Windham | Big 12 Outdoor (5/13-15) |
| 1:01.33 | Joi Windham   | LSU Alumni Gold (4/23)   |
| 1:01.63 | p Joi Windham | NCAA West Prelims (5/26) |
| 1:01.78 | Joi Windham   | Potts Invite (3/19)      |
| 1:02.04 | Joi Windham   | CU Invite (4/9)          |
| 1:04.19 | Toi Windham   | CU Invite (4/9)          |
| 1:04.80 | Toi Windham   | Potts Invite (3/19)      |

## 3,000 M Steeplechase (9:12.50 cu)

|          |                    |                                    |
|----------|--------------------|------------------------------------|
| 9:37.16  | pr Emma Coburn     | London Grand Prix (8/6/11)         |
| 9:38.42  | p Emma Coburn      | IAAF World Championships (8/26/11) |
| 9:40.51  | Emma Coburn        | Cardinal Invite (5/1)              |
| 9:41.14  | AA Emma Coburn     | NCAA Outdoors (6/11)               |
| 9:44.11  | Emma Coburn        | USATF (6/26)                       |
| 9:51.40  | Emma Coburn        | IAAF World Championships (8/28/11) |
| 9:55.03  | Emma Coburn        | NCAA West Prelim (5/27)            |
| 9:56.37  | AA/pr Shalaya Kipp | NCAA Outdoors (6/11)               |
| 9:57.39  | Emma Coburn        | Big 12 Outdoor (5/13-15)           |
| 9:59.75  | p Emma Coburn      | USATF (6/24)                       |
| 10:00.03 | Shalaya Kipp       | NCAA West Prelim (5/27)            |
| 10:00.43 | p Emma Coburn      | NCAA Outdoors (6/9)                |

## 4x400 Meter Relay (3:33.07 cu)

|         |                                    |                          |
|---------|------------------------------------|--------------------------|
| 3:48.47 | J.Windham/ Regan/Dreher/Tremblay   | Big 12 Outdoor (5/13-15) |
| 3:58.33 | J.Windham/T.Windham/Regan/Davis    | Potts Invite (3/19)      |
| 3:58.40 | J.Windham/Opgenorth/Windham/Gruver | CU Invite (4/9)          |

## Long Jump (20-10.50 cu)

|               |              |                                        |
|---------------|--------------|----------------------------------------|
| 18-04.50/5.60 | Genny Mayden | Big 12 Outdoor (5/13-15)               |
| 18-04.25/5.59 | Katie Dreher | Big 12 Outdoor (5/13-15)               |
| 17-08.25/5.39 | Genny Mayden | Front Range Classic (5/1)              |
| 17-06/5.33    | Genny Mayden | USATF (6/23-24)                        |
| 17-02.00/5.23 | Holly Odneal | Big 12 Outdoor (5/13-15)               |
| 17-01.25/5.21 | Katie Dreher | Front Range Classic (5/1)              |
| 16-09.50/5.12 | Genny Mayden | Glenn Morris Combined Events (4/21-22) |

## High Jump (6-3 cu)

|              |              |                                      |
|--------------|--------------|--------------------------------------|
| 5-05.25/1.66 | Holly Odneal | Jim Click Combined Events (3/31-4/1) |
| 5-05.25/1.66 | Holly Odneal | Big 12 Outdoor (5/13-15)             |
| 5-05/1.65    | Holly Odneal | Potts Invite (3/19)                  |
| 5-05/1.65    | Katie Dreher | Potts Invite (3/19)                  |

# 2011 Women's Outdoor Bests

## Shot Put (54-6 cu)

|                |                 |                                        |
|----------------|-----------------|----------------------------------------|
| 38-10.25/11.84 | Emily Hunsucker | CU Invite (4/9)                        |
| 37-06.75/11.45 | Genny Mayden    | USATF (6/23-24)                        |
| 37-03/11.35    | Adrienne Lettow | Potts Invite (3/19)                    |
| 37-03/11.35    | Genny Mayden    | Big 12 Outdoor (5/13-15)               |
| 37-01.75/11.32 | Adrienne Lettow | CSU-Pueblo (3/26)                      |
| 36-10.50/11.24 | Genny Mayden    | Glenn Morris Combined Events (4/21-22) |
| 36-10.25/11.23 | Holly Odneal    | Big 12 Outdoor (5/13-15)               |
| 36-07.75/11.17 | Emily Hunsucker | Potts Invite (3/19)                    |
| 36-05.50/11.11 | Adrienne Lettow | Beach Invitational (4/16)              |

## Hammer Throw (196-10 cu)

|              |                 |                                 |
|--------------|-----------------|---------------------------------|
| 176-08/53.85 | Emily Hunsucker | Jack Christiansen Invite (4/23) |
| 166-08/50.81 | Emily Hunsucker | Beach Invitational (4/16)       |
| 162-04/49.47 | Emily Hunsucker | Big 12 Outdoor (5/13-15)        |
| 162-03/49.46 | Max Van Dyke    | Front Range Classic (5/1)       |
| 159-11/48.75 | Max Van Dyke    | Beach Invitational (4/16)       |
| 148-00/45.12 | Kellie Lind     | Front Range Classic (5/1)       |
| 147-04/44.91 | Max Van Dyke    | Big 12 Outdoor (5/13-15)        |
| 146-11/44.78 | Kellie Lind     | CU Invite (4/9)                 |

## Javelin (169-5 cu)

|              |              |                                        |
|--------------|--------------|----------------------------------------|
| 121-06/37.03 | Genny Mayden | USATF (6/23-24)                        |
| 120-09/36.80 | Genny Mayden | Big 12 Outdoor (5/13-15)               |
| 110-00/33.53 | Max Van Dyke | Potts Invite (3/18)                    |
| 109-11/33.51 | Katie Dreher | Glenn Morris Combined Events (4/21-22) |
| 109-08/33.44 | Katie Dreher | Front Range Classic (5/1)              |
| 104-02/31.76 | Genny Mayden | Front Range Classic (5/1)              |
| 102-11/31.36 | Holly Odneal | Big 12 Outdoor (5/13-15)               |
| 102-07/31.28 | Holly Odneal | Jim Click Combined Events (3/31-4/1)   |
| 102-05/31.22 | Max Van Dyke | Beach Invitational (4/16)              |

## Discus Throw (181-7 cu)

|              |                 |                                 |
|--------------|-----------------|---------------------------------|
| 131-10/40.19 | Emily Hunsucker | Potts Invite (3/19)             |
| 120-01/36.60 | Emily Hunsucker | CU Invite (4/9)                 |
| 114-06/34.91 | Emily Hunsucker | Jack Christiansen Invite (4/23) |

## Heptathlon (5,893 cu)

|      |              |                                        |
|------|--------------|----------------------------------------|
| 4953 | Katie Dreher | Big 12 Outdoor (5/13-15)               |
| 4950 | Genny Mayden | USATF (6/23-24)                        |
| 4939 | Genny Mayden | Big 12 Outdoor (5/13-15)               |
| 4699 | Holly Odneal | Big 12 Outdoor (5/13-15)               |
| 4454 | Holly Odneal | Jim Click Combined Events (3/31-4/1)   |
| 4434 | Genny Mayden | Glenn Morris Combined Events (4/21-22) |
| 4432 | Katie Dreher | Glenn Morris Combined Events (4/21-22) |
| 4338 | Holly Odneal | Glenn Morris Combined Events (4/21-22) |